

St. Michaels Middle and St. Michaels High and Easton High School Breakfast April 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Egg & Cheese Muffin WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Sandwich WG Donut Fruit Smoothie Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Pizza WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Waffle Sticks WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
9	10	11	12	13
Scrambled Eggs w/wo Toast Chocolate Crescent Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Sandwich WG Donut Fruit Smoothie Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Pancakes WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Sausage Biscuit WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
16	17	18	19	20
Egg & Cheese Muffin WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Sandwich WG Donut Fruit Smoothie Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Pizza WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Waffle Sticks WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
23	24	25	26	27
Scrambled Eggs w/wo Toast Grape Crescent Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Sandwich WG Donut Fruit Smoothie Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Pancakes WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Sausage Biscuit WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	Breakfast Flatbread Cinni Mini's Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
30				
Egg & Cheese Muffin WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk				