

# St. Michaels Middle and St. Michaels High and Easton High School Breakfast March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sausage Biscuit WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	2 Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
5 Egg & Cheese Muffin WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	6 Breakfast Sandwich WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	7 Breakfast Pizza WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	8 Waffle Sticks WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	9 Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
12 Scrambled Eggs WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	13 Breakfast Sandwich WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	14 Pancakes WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	15 Sausage Biscuit WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	16 Breakfast Flatbread Cinni Mini Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
19 Egg & Cheese Muffin WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	20 Breakfast Sandwich WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	21 Breakfast Pizza WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	22 Waffle Sticks WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	23 Breakfast Flatbread Cinni Mini's Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk
26 Scrambled Eggs WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	27 Breakfast Sandwich WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	28 Pancakes WG Honey Bun Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	29 Sausage Biscuit WG Donut Yogurt Parfait Cereal w/wo Toast Fruit 100% Fruit Juice Low Fat Milk	30  <b>NO SCHOOL</b>